Evocative Psychotherapy
Clinical Demonstration and Discussion 06
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Discussant:
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Educational Objectives

Define an evocative approach to psychotherapy.

Contrast Ericksonian and psychodynamic approaches and list three differences in perspectives.

An Experiential Toolkit in Five Stages

Experiential Empathy
- Attunement
- Experiential Assessment—Jump into action; Assess=Intervene
- Expand/contract—An assessment pattern

Build Implicit Resonance—the essence of hypnotic induction

Experiential Treatment
- Improvise—Utilization is the key to solutions
- Cut/paste—Treatment retrieves/reorganizes resources
- Create, don’t connect the dots—Signify
- Ambiguity. Metaphor.
- Gift wrap—Enliven simple ideas; packaging.
- Drama—Seed, Strategic steps. SIFT.
- Tailor—Speak the person's experiential language
- Arousal—Energize, destabilize.
- The Eyes Have It—Visual references. Multisensory.
- Precision—Being surgical

Experiential Ending
- Envision the promised land—future pace

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